Description:

Safely instruct an effective and creative group fitness class and/or an Instructional Program class at the Student Recreation and Wellness Center, while serving as a role model and exhibiting professionalism to all patrons and co-workers. Instructor areas of training and expertise may include strength fitness, cardiovascular fitness, boot-camp, aerobics, and specialties, such as boxing, self-defense, tai chi, dance, karate etc.

Requirements:

Instructors are required to have a current and nationally recognized specialty certification/s, such as group exercise and specific training certification/s, as well as obtain, by the time of hire a Professional Rescuer CPR/AED/First Aid certifications.