PROTECT YOUR FAMILY AND COMMUNITY

HOW ZIKA SPREADS

Most people get Zika from a mosquito bite

1. A mosquito bites a person infected with Zika virus
2. The mosquito becomes infected
3. The infected mosquito bites a person and infects them with Zika
4. Other mosquitoes bite that person and become infected
5. More members of the community become infected when they are bitten by those infected mosquitoes

Other ways people get Zika

During pregnancy
A pregnant woman can pass Zika virus to her fetus during pregnancy. Zika infection during pregnancy can cause serious birth defects and is associated with other pregnancy problems.

Through sex
Zika virus can be passed through sex from a person who has Zika to his or her sex partners.

Through blood transfusion
Zika virus may be spread through blood transfusion.