

# Andrew Lepp

Associate Professor  
FLA  
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## Education

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**Ph.D., Recreation, Parks and Tourism** 2004

University of Florida

*Doctoral Dissertation: Lepp, A. (2004). Tourism in a Rural Ugandan Village: Impacts, Local Meaning and Implications for Development. University of Florida.*

**M.S., Natural Resource Management** 1993

Oregon State University

**B.S., Mathematical Economics** 1990

Wake Forest University

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## Other Professional Experience

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**Park Ranger** 1999 - 2000

Badlands National Park, South Dakota

**US Peace Corps Volunteer** 1996 - 1998

Uganda, East Africa

**Forestry Technician** 1994 - 1995

Tongass National Forest, Alaska

**Forester** 1993 - 1994

Timber Services, Chehalis, Washington

**Program Counselor** 1990 - 1992

Philmont Scout Ranch

*Summers only*

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## Publications

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Rebold, M.J., Lepp, A., Kobak, M.S., McDaniel, J. & Barkley, J.E. (in press). The Effect of Parental Involvement on Children's Physical Activity. *The Journal of Pediatrics*. [Accepted November 2015]

Barkley, J.E., Lepp, A. & Salehi-Esfahani, S. (in press). College students' mobile telephone use is positively associated with sedentary behavior. *American Journal of Lifestyle Medicine*. [Accepted May 2015]. DOI: 10.1177/1559827615594338

Barkley, J.E. & Lepp, A. (2016). Mobile phone use among college students is a sedentary leisure behavior which may interfere with exercise. *Computers in Human Behavior*, 56, 29-33.

Lepp, A. & Herpy, D. (2015). Paddlers' Level of Specialization, Motivations and Preferences for River Management Practices. *Journal of Outdoor Recreation and Tourism*, 12, December, 64-70.

Li, J., Lepp, A. & Barkley, J.E. (2015). Locus of control and cell phone use: Implications for sleep quality, academic performance, and subjective well-being. *Computers in Human Behavior*, 52, 450-457.

Rebold, M.J., Lepp, A., Sanders, G.J. & Barkley, J. (2015). The Impact of Cell Phone Use on the Intensity and Liking of a Bout of Treadmill Exercise. *PLOS ONE*, 10(5): e0125029. doi:10.1371/journal.pone.0125029. Open Access URL: <http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0125029>

Lepp, A., Barkley, J. & Karpinski, A. (2015). The relationship between cell phone use and academic performance in a sample of U.S. college students. *SAGE Open*, January-March, 1-9. DOI: 10.1177/2158244015573169 Open Access URL: <http://sgo.sagepub.com/content/5/1/2158244015573169>

Lepp, A., Li, J., Barkley, J. & Salehi-Esfahani, S. (2015). Exploring the Relationships between College Students' Cell Phone Use, Personality and Leisure. *Computers in Human Behavior*, 43: 210–219. doi:10.1016/j.chb.2014.11.006

Lepp, A., Li, J. & Barkley, J. (2015). Exploring the Relationships between College Students' Cell Phone Use, Personality and Leisure. *Computers in Human Behavior*, 43: 210–219. doi:10.1016/j.chb.2014.11.006  
Publication: *Journal Articles, Refereed*

Lepp, A., Barkley, J. and Karpinski, A. (2014 ). There's probably an app for this: how we identified a relationship between cell phone use, academic performance, anxiety and happiness *The Winnower*, DOI: 10.15200/WINN.140115.52291  
Publication: *Journal Articles*

Lepp, A., Barkley, J. and Karpinski, A. (2014). The relationship between cell phone use, academic performance, anxiety, and Satisfaction with Life in college students. *Computers in Human Behavior*, 31: 343-350.  
Publication: *Journal Articles, Refereed*

Lepp, A. (2014). Exploring the relationship between cell phone use and leisure: an empirical analysis and implications for management. *Managing Leisure*: 19.  
DOI: 10.1080/13606719.2014.909998  
Publication: *Journal Articles, Refereed*

Muchicko, M.M., Lepp, A. & Barkley, J.E. (2014). Peer victimization, social support and leisure time physical activity in transgender and cisgender individuals. *Leisure/Loisir*, 38, 295-308.

Sun, X., Wang, P., **Lepp, A.** and Robertson, L. (2014). Symbolic Consumption and Brand Choice: China's Youth Hostels for the International Travel Market. *Journal of China Tourism Research*, 10(1):51-68.  
Publication: *Journal Articles, Refereed*

Lepp, A. (2014). The Intersection of Cell Phone Use and Leisure: a Call for Research. *Journal of Leisure Research*, 46(2): 218-225.  
Publication: *Journal Articles, Refereed*

Lepp, A., Gibson, H. and Lane, C. (2014). The Effect of Uganda's Official Tourism Website on Travel Motivations and Constraints. *Journal of Travel & Tourism Marketing*, 31(6), 712-730.

Publication: *Journal Articles, Refereed*

Lepp, A. and Herpy, D. (2014). The perceptions of Cuyahoga River paddlers (canoers and kayakers) on Cuyahoga River recreation and river management. A technical report submitted to: Cuyahoga Valley National Park and the Cuyahoga River Trail Partners, p 25.

**Publication: Other**

Barkley, J.E., and **A. Lepp**. (2013). Cellular telephone use is associated with greater sedentary behavior independent of leisure-time physical activity. *Applied Physiology, Nutrition, & Metabolism*, No. 38(S1). Annual General Meeting of the Canadian Society of Exercise Physiology, Toronto, ON.

Publication: *Conference Proceedings, Refereed*

Barkley, J.E., **A. Lepp**, G.J. Sanders and M. Rebold (May 2013). College Students' Cell Phone Use and Cardiorespiratory Fitness: A Negative Relationship. *Medicine and Science in Sport and Exercise*, 45(5) Supplement: 117-126. 60<sup>th</sup> Meeting of the American College of Sports Medicine, Indianapolis, IN.

Publication: *Conference Proceedings, Refereed*

Lepp, A., Barkley, J.E., Sanders, G.J., Rebold, M. & Gates, P. (2013). The relationship between cell phone use, physical and sedentary activity, and cardiorespiratory fitness in a sample of U.S. college students *International Journal of Behavioral Nutrition and Physical Activity*, 10, 79. URL: <http://www.ijbnpa.org/content/10/1/79>

Publication: *Journal Articles, Refereed*

Lepp, A., (October 2012). Cell phones and leisure: an exploratory study. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.

Publication: *Conference Proceedings, Refereed*

Harris, J., Lepp, A. & Lee, S. (2012). The 2010 Ryder Cup: images of Wales and tourism development. *European Journal of Tourism Development*, 5(1): 38-52.

Publication: *Journal Articles, Refereed*

Harris, J., Lee, S. and Lepp, A. (2012). England, Wales and Princess Dianna: A case study of US students' perceptions of Wales. *Journal of Hospitality, Leisure, Sport & Tourism Education*, 11: 87-92.

Publication: *Journal Articles, Refereed*

Jefferies, K. and Lepp, A. (2012) An investigation of extraordinary experiences. *Journal of Parks and Recreation Administration*, 30(3): 37-51.

Publication: *Journal Articles, Refereed*

Lepp, A., Gibson, H. (2011). Tourism and South Africa: effects of watching the world cup. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.

Publication: *Conference Proceedings, Refereed*

Lepp, A. & Gibson, H. (2011). Tourism and World Cup football amidst perceptions of risk: the case of South Africa. *Scandinavian Journal of Hospitality and Tourism*, 11(3): 286-305.

Publication: *Journal Articles, Refereed*

Lepp, A., Gibson, H. and Lane, C. (2011). Image and perceived risk: A study of Uganda and its official tourism website. *Tourism Management*, 32: 675 - 684.

Publication: *Journal Articles, Refereed*

Lepp, A. and Gibson, H. (2011). Reimagining a Nation: South Africa and the 2010 FIFA World Cup. *Journal of Sport and Tourism*, 16(3): 211-230.

Publication: *Journal Articles, Refereed*

Harris, J. & Lepp, A. (2011). Golf, tourism and the 2010 Ryder Cup: (De)Constructing images of Wales. *Journal of Sport & Tourism*, 16(1): 55 - 73.

Publication: *Journal Articles, Refereed*

- Lepp, A., Gibson, H. and Lane C. (2010). The impact of a tourism website on motivation: Destination Uganda. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.  
Publication: *Conference Proceedings, Refereed*
- Lepp, A., Gibson, H. and Lane C. (2009). Uganda tourism: Destination image and perceived risk. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.  
Publication: *Conference Proceedings, Refereed*
- Lepp, A. (2009). Leisure and Obligation: An Investigation of Volunteer Tourists' Experience at Kenya's Taita Discovery Center. *Journal of Leisure Research*, 41(2): 253-260.  
Publication: *Journal Articles, Refereed*
- Lepp, A. (2008). Discovering self and discovering others through the Taita Discovery Centre volunteer tourism program, Kenya. In: Wearing, S. and Lyons, K. (Eds.) *Journeys of Discovery in Volunteer Tourism: International Case Study Perspectives*, p. 86-100. UK: CAB International.  
Publication: *Book Chapters*
- Lepp, A and Gibson, H. (2008). Sensation Seeking and Tourism: Tourist Role, Perception of Risk and Destination Choice. *Tourism Management*, 29: 740-750.  
Publication: *Journal Articles, Refereed*
- Lepp, A (2008). Attitudes towards initial tourism development in a community with no prior tourism experience: the case of Bigodi, Uganda. *Journal of Sustainable Tourism*, 16(1): 5-22.  
Publication: *Journal Articles, Refereed*
- Lepp, A. and Harris, J. (2008). Tourism and National Identity in Uganda. *Journal of International Tourism Research*, 10: 525-536  
Publication: *Journal Articles, Refereed*
- Lepp, A (2008). Tourism and dependency: an analysis of Bigodi village, Uganda. *Tourism Management*, 29: 1206-1214.  
Publication: *Journal Articles, Refereed*
- Lepp, A. (2007). Discovering self and discovering others through volunteer tourism at the Taita Discovery Center, Kenya, East Africa. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.  
Publication: *Conference Proceedings, Refereed*
- Lepp, A. (2007). Residents' attitudes towards tourism in Bigodi village, Uganda. *Tourism Management*, 28: 876-885.  
Publication: *Journal Articles, Refereed*
- Lepp, A. and Gibson, H. (2006). Sensation seeking and tourism revisited. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.  
Publication: *Conference Proceedings, Refereed*

Lepp, A. and Holland, S. (2006) A comparison of attitudes towards state led conservation and community based conservation in the village of Bigodi, Uganda. *Society and Natural Resources*, 19(7): 609-623.

Publication: *Journal Articles, Refereed*

Lepp, A. (2005). Tourism development in a tourism void. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.

Publication: *Conference Proceedings, Refereed*

Lepp, A. (2004). Tourism and the monetization of conservation in Uganda, East Africa. *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.

Publication: *Conference Proceedings, Refereed*

Lepp, A. (2004). Fulbright's Study Abroad and Its Benefits. Fulbright Applicant Newsletter, Volume 1 Issue I.

Publication: *Online Publications*

Lepp, A. & H. Gibson (2003). Tourist Roles, Perceived Risk and International Tourism. *Annals of Tourism Research* 30(3): 606-624.

Publication: *Journal Articles, Refereed*

Lepp, A. (2002) Uganda's Bwindi Impenetrable National Park: Meeting the Challenges of Conservation and Community Development through Sustainable Tourism. Book Chapter in: Harris, R., T. Griffin & P. Williams (Eds.), *Sustainable Tourism: A Global Perspective*. UK: Butterworth Heinemann.

Publication: *Book Chapters*

Lepp, A. (2002). Globalization, Ecotourism and the Promise of Development in Sub-Saharan Africa. *Tourism Recreation Research* 27(1): 61-68.

Publication: *Journal Articles, Refereed*

Lepp, A. and Gibson, H. (2001). Perceived risk and international travel: a novel prospect or familiar concern? *Leisure Research Symposium Book of Abstracts*. Ashburn, VA: National Recreation and Park Association.

Publication: *Conference Proceedings, Refereed*

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## Presentations

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Lepp, A. (January 2014). How to travel the world, or just Ohio, as an Ecotourist. *Medina County Park District Environmental Speaker Series*. Wolf Creek Environmental Center, Medina, OH.

Type: *Local Invited*

Karpinski, A.C., **Lepp, A.**, & Barkley, J.E. (2014, April). Cell phone use, academic performance, anxiety, and satisfaction with life in university students Paper presented at the *American Educational Research Association*, Philadelphia, PA.

Type: *International Refereed*

Lepp, A. (June 2011). Tourism education in Uganda: observations from the past, ideas for the future. *7<sup>th</sup> ATLAS Africa Conference*. Kampala, Uganda.

Type: *International Refereed*

Lepp, A., Gibson, H. and Lane C. (June 2011). Uganda's tourism website: effects on destination image, travel motivations and constraints. *7<sup>th</sup> ATLAS Africa Conference*. Kampala, Uganda

Type: *International Refereed*

Lepp, A., Gibson, H. (November 2011). Tourism and South Africa: effects of watching the world cup. *Leisure Research Symposium of the National Recreation and Parks Association Congress*. Atlanta, GA.

Type: *International Refereed*

Jefferies, K. and Lepp, A (August 2010). An exploration of the nature of extraordinary experiences. *World Leisure Congress*. Chuncheon, South Korea.

Type: *International Refereed*

Lepp, A., Gibson, H. and Lane C. (October 2010). The impact of a tourism website on motivation: Destination Uganda. *Leisure Research Symposium of the National Recreation and Parks Association Congress* Minneapolis, MN.

Type: *International Refereed*

Lepp, A. (March, 2009). Wetland watchdogs: A story of community based conservation from Uganda. An invited lecture for the University of Florida's Center for African Studies.

Type: *Local Invited*

Lepp, A., Gibson, H. and Lane C. (October 2009). Uganda tourism: Destination image and perceived risk. *Leisure Research Symposium of the National Recreation and Parks Association Congress*. Salt Lake City, UT.

Type: *International Refereed*

Lepp, A. (May 2008). An introduction to Adventure Education. *International Forum on Sport, Exercise and Leisure*. Shijiazhuang, China.

Type: *International Non-Refereed*

Lepp, A. (May 2008). Tourism and rural development. *International Forum on Sport, Exercise and Leisure*. Shijiazhuang, China.

Type: *International Non-Refereed*

Lepp, A. (November 2008). People and Parks: Stories of Conservation and Development from Uganda. An invited presentation for KSU's Gerald H. Read Distinguished Lecture Series.

Type: *Local Invited*

Lepp, A. (September 2007). Discovering Self and Discovering Others through Volunteer Tourism at the Taita Discovery Center, Kenya, East Africa. Leisure Research Symposium of the National Recreation and Parks Association Congress. Indianapolis, IN.

Type: *International Refereed*

Lepp, A. (June 2006). The Social-Psychological Impact of Uganda's Kibale National Park on the Residents of Bigodi Village and Its Effect on Rural Development. 12th International Symposium on Society and Resource Management. Vancouver, B.C.

Type: *International Refereed*

Lepp, A. & H. Gibson (October 2006). Sensation Seeking and Tourism Revisited. Leisure Research Symposium of the National Recreation and Parks Association Congress. Seattle, WA.

Type: *International Refereed*

Lepp, A. (November 2006). Ecotourism at Kenya's Taita Discovery Center. An invited poster presentation for KSU's Gerald H. Read Distinguished Lecture Series titled Village Voices: Rural Kenyan Educators.

Type: *Local Invited*

Lepp, A. (October 2005). Tourism Development in a Tourism Void. Leisure Research Symposium of the National Recreation and Parks Association Congress. San Antonio, TX.

Type: *International Refereed*

Lepp, A. (November 2005). International Conservation Efforts and the Nurturing of Dependency in the Village of Bigodi, Uganda. 48th Annual Meeting of the African Studies Association. Washington, D.C.

Type: *International Refereed*

Lepp, A. (October 2004). Tourism and the Monetization of Conservation in Uganda, East Africa. School of Exercise, Leisure and Sport and School of Family and Consumer Studies Sharing Scholarship. Kent State University, Kent, OH.

Type: *Local Invited*

Lepp, A. (October 2004). Tourism and the Monetization of Conservation in Uganda, East Africa. Leisure Research Symposium of the National Recreation and Parks Association Congress. Reno, NV.

Type: *International Refereed*

Lepp, A. (June 2004). The Importance of Local Participation in Protected Area Management: A Case Study of Bigodi Village, Uganda. 10th International Symposium on Society and Resource Management. Keystone, CO.

Type: *International Refereed*

Lepp, A. (November 2004). Locally Managed Conservation versus State Managed Conservation: A Comparison of Residents' Attitudes in Bigodi, Uganda. 47th Annual Meeting of the African Studies Association. New Orleans, LA.

Type: *International Refereed*

Lepp, A. (February 2002). Uganda's Bwindi Impenetrable National Park: Meeting the Challenges of Conservation and Development through Tourism. Baraza Presentation, The Center for African Studies. University of Florida. Gainesville, FL.

Type: *Local Invited*



Lepp, A. (April 2002). Tourism, Conservation and Community Development at Uganda's Bwindi Impenetrable National Park. Graduate & Professional Student Forum. University of Florida. Gainesville, FL.

Type: *Local Refereed*

Lepp, A. (November 2001). The Empowerment of Rural Communities: Ecotourism's Challenge in Sub-Saharan Africa. 44th Annual Meeting of the African Studies Association. Houston, TX.

Type: *International Refereed*

Lepp, A. & H. Gibson (October 2001). Perceived Risk and International Travel: a novel prospect or familiar concern? Leisure Research Symposium of the National Recreation and Parks Association Congress. Denver, CO.

Type: *International Refereed*

Lepp, A. (February 2000). Creating Ecotourism for Florida. Resort and Commercial Recreation Association Congress. Orlando, FL.

Type: *National Non-Refereed*

Lepp, A. (March 2000). Dependency Theory and Tourism in the Developing World. The 5th Annual Midwest Student Conference in African Studies. Bloomington, IN.

Type: *Regional Refereed*

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## Service

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### **Advisory Board, African Studies Quarterly**

**2009 - present**

*African Studies Quarterly: A peer reviewed, open access on-line journal published by the University of Florida's Center for African Studies.*

Type: *International*

### **Article Reviews,**

**2004 - present**

*Reviewer for the following publications: Tourism Management; Journal of Sustainable Tourism; Annals of Tourism Research; Journal of Ecotourism; Society and Natural Resources; Human Dimensions of Wildlife; Human Ecology; Journal of Park and Recreation Administration; Journal of Environmental Management; Conservation Biology; and Environment, Development and Sustainability. In addition, reviewed two chapters for the book Journeys of Discovery in Volunteer Tourism: International Case Study Perspectives.*

Type: *International*

### **Consulting, National Geographic Society**

**2004 - 2004**

*Panelist in the National Geographic Society's Delphi study of experts in the field of destination stewardship at North America's national parks. Results published in: Tourtellot, J. (2005) Destination Scorecard: How do 55 national park regions rate? National Geographic Traveler, July/August:80-92.*

Type: *National*

### **Reviewer,**

**2001 - 2001**

*Reviewed abstracts for the Southeast Recreation Research Symposium. Ashville, North Carolina.*

Type: *Regional*

### **Editorial Boards**

**2001 – 2004**

*African Studies Quarterly, an online journal published by The Center for African Studies, University of Florida.*

Type: *International*

### **Consulting, Uganda Wildlife Authority**

**2001 - 2001**

*Lepp, A. & L. Ajarova (2001). Nkuringo Gorillas Tourism Management Plan. Bwindi Impenetrable Forest National Park (BINP), Uganda, East Africa. This is a functioning tourism management plan I co-authored with a Ugandan counterpart. It is used by BINP.*

Type: *International*

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## Grants

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**Co PI, Exploring the relationship between cell phone use, social network, and academic performance in undergraduate college students** **2014 - 2015**

Collaboration with: Andrew Lepp, Jacob Barkley, Ruoming Jin, Holly Lane, Dejing Dou

Submitted: \$906,000.00

Status: Pending

Institute of Education Sciences - Basic Research

**PI, Center for Research, Education and Sustainable Tourism in Uganda (CREST UGANDA)** **2013 - 2015**

Submitted: \$1,000,000.00

Status: Not Funded

United States Agency for International Development (USAID) - Training

**Co PI, Cell Phone Use and Physical Activity Behavior and Attitudes** **2012 - 2013**

Collaboration with: Andrew Lepp, Jacob Barkley

Submitted: \$2,000.00

Status: Awarded

Awarded: \$2,000.00 (0 2012)

Kent State University - Basic Research

**PI, Kent State University, U.S.A. and Makerere University, Uganda: Capacity Building for Undergraduate Study Abroad** **2012 - 2013**

*"Recommended for funding but not approved for support"*

Submitted: \$245,000.00

Status: Not Funded

Bureau of Educational and Cultural Affairs - Training

**PI, Application of the Delphi Method to develop alternative approaches to community-based conservation in Uganda** **2004 - 2005**

Submitted: \$37,100.00

Status: Not Funded

John D. and Catherine T. MacArthur Foundation's Program on Global Security and Sustainability - Basic Research

**Co PI, Katonga Wetlands Conservation Project, Uganda** **1997 - 1998**

Submitted: \$21,000.00

Status: Awarded

Awarded: \$21,000.00 (0 1997)

United Nations Global Environment Fund - Service

